

BUILT FOR RESILIENCE™

Essential Building Blocks for Raising Healthy Faith-Filled Kids

BUILT FOR RESILIENCE™

REGIONAL REPRESENTATIVE



Andrea Davis





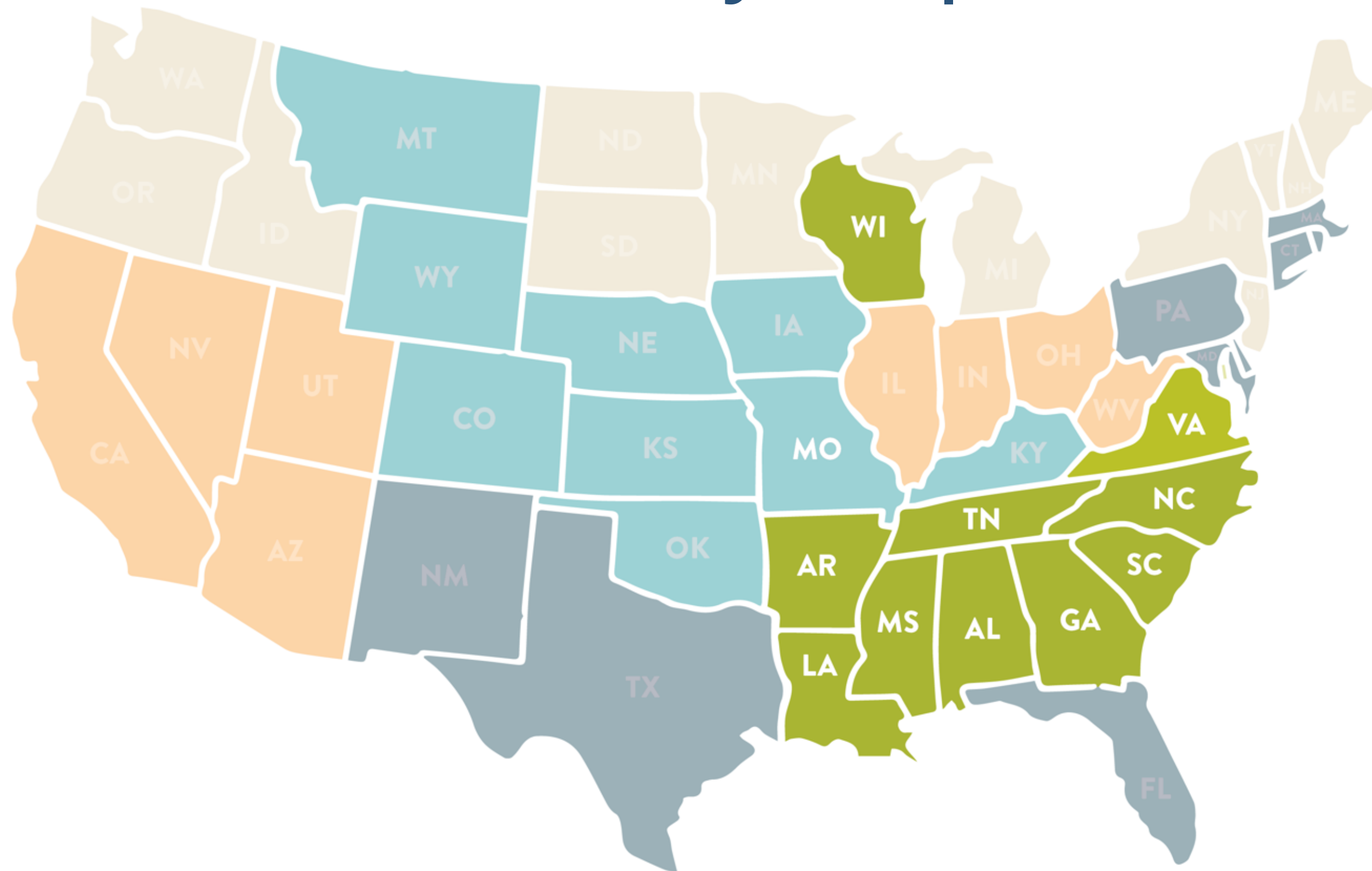
BUILT FOR RESILIENCE™



SERVING COMMUNITIES

STRENGTHENING FAMILIES

Territory Map





RHCK History

Raising Highly Capable Kids

Research Based

Evidence Based

13-week parenting program

Search Institute's 40 Developmental Assets

RMC Research

A survey with almost 150,000 6-12th graders in numerous communities across the United States.

Negative Behaviors	0-10 Assets	11-20 Assets	21-30 Assets	31-40 Assets
Problem Alcohol Use	45%	26%	11%	3%
Violence	62%	38%	18%	6%
Illicit Drug Use	38%	18%	6%	1%
Sexual Activity	34%	23%	11%	3%
Positive Behaviors	0-10 Assets	11-20 Assets	21-30 Assets	31-40 Assets
Exhibits Leadership	48%	66%	78%	87%
Maintains Good Health	27%	48%	69%	88%
Values Diversity	39%	60%	76%	89%
Succeeds in School	9%	19%	34%	54%

NEGATIVE BEHAVIORS

Problem Alcohol Use

0-10 Assets 45%

31-40 Assets 3%

Violence

0-10 Assets 62%

31-40 Assets 6%

Illicit Drug Use

0-10 Assets 38%

31-40 Assets 1%

POSITIVE BEHAVIORS

Exhibits Leadership

0-10 Assets 48%

31-40 Assets 87%

Maintains Good Health

0-10 Assets 27%

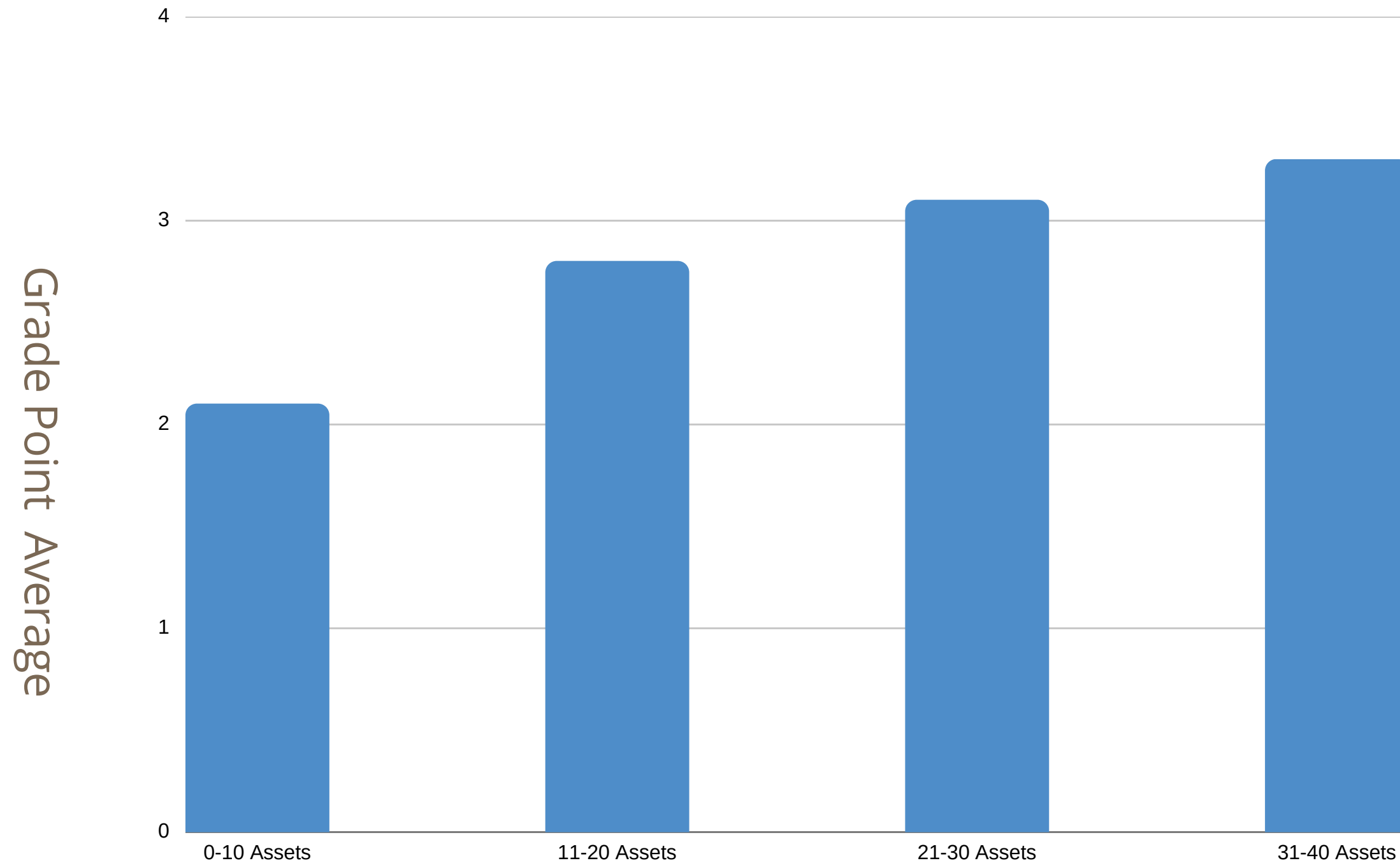
31-40 Assets 88%

Values Diversity

0-10 Assets 39%

31-40 Assets 89%

AVERAGE GPA BY LEVEL OF ASSETS



**N = 325 6th- to 12th-grade students in St. Louis Park, Minnesota;
(longitudinal data)**

Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring and responsible.

EXTERNAL ASSET

SUPPORT

1. Family support—Family life provides high levels of love and support.
2. Positive family communication—Parent(s) and child communicate positively. Child feels comfortable seeking advice and counsel from parent(s).
3. Other adult relationships—Child receives support from adults other than her or his parent(s).
4. Caring neighborhood—Child experiences caring neighbors.
5. Caring school climate—Relationships with teachers and peers provide a caring, encouraging environment.
6. Parent involvement in schooling—Parent(s) are actively involved in helping the child succeed in school.

EMPOWERMENT

7. Community values youth—Child feels valued and appreciated by adults in the community.
8. Children as resources—Child is included in decisions at home and in the community.
9. Service to others—Child has opportunities to help others in the community.
10. Safety—Child feels safe at home, at school, and in his or her neighborhood.

BOUNDARIES & EXPECTATIONS

11. Family boundaries—Family has clear and consistent rules and consequences and monitors the child's whereabouts.
12. School boundaries—School provides clear rules and consequences.
13. Neighborhood boundaries—Neighbors take responsibility for monitoring the child's behavior.
14. Adult role models—Parent(s) and other adults in the child's family, as well as nonfamily adults, model positive, responsible behavior.
15. Positive peer influence—Child's closest friends model positive, responsible behavior.
16. High expectations—Parent(s) and teachers expect the child to do her or his best at school and in other activities.

CONSTRUCTIVE USE OF TIME

17. Creative activities—Child participates in music, art, drama, or creative writing two or more times per week.
18. Youth programs—Child participates two or more times per week in curricular school activities or structured community programs for children.
19. Religious community—Child attends religious programs or services one or more times per week.
20. Time at home—Child spends some time most days both in high-quality interaction with parents and doing things at home other than watching TV or playing video games.

INTERNAL ASSET

COMMITMENT TO LEARNING

21. Achievement motivation—Child is motivated and strives to do well in school.
22. Learning engagement—Child is responsive, attentive, and actively engaged in learning at school and enjoys participating in learning activities outside of school.
23. Homework—Child usually hands in homework on time.
24. Bonding to school—Child cares about teachers and other adults at school.
25. Reading for pleasure—Child enjoys and engages in reading for fun most days of the week.

POSITIVE VALUES

26. Caring—Parent(s) tell the child it is important to help other people.
27. Equality and social justice—Parent(s) tell the child it is important to speak up for equal rights for all people.
28. Integrity—Parent(s) tell the child it is important to stand up for one's beliefs.
29. Honesty—Parent(s) tell the child it is important to tell the truth.
30. Responsibility—Parent(s) tell the child it is important to accept personal responsibility for behavior.
31. Restraint—Parent(s) tell the child it is important to have good health habits and an understanding of healthy sexuality.

SOCIAL COMPETENCIES

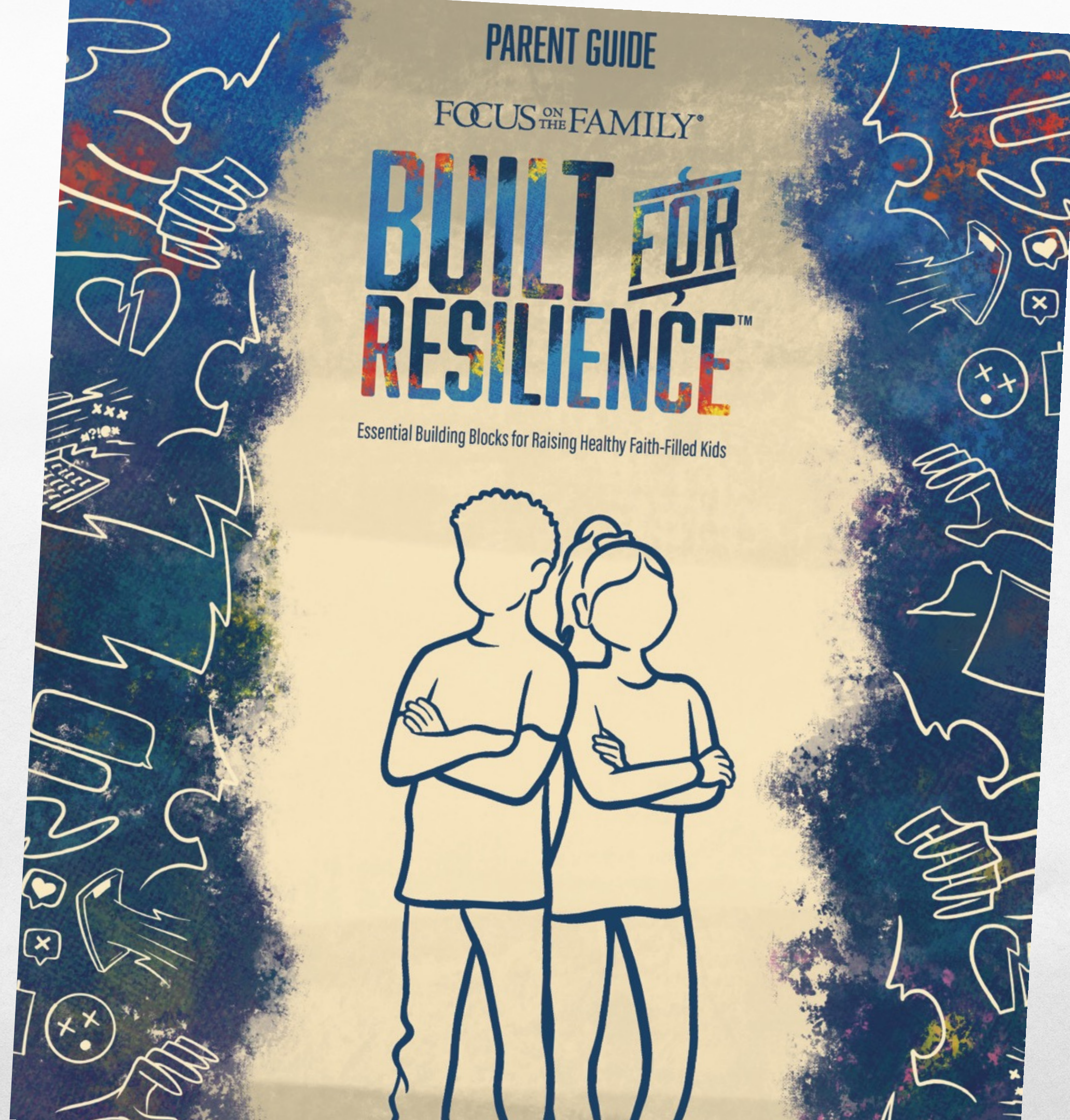
32. Planning and decision making—Child thinks about decisions and is usually happy with results of her or his decisions.
33. Interpersonal competence—Child cares about and is affected by other people's feelings, enjoys making friends, and, when frustrated or angry, tries to calm her- or himself.
34. Cultural competence—Child knows and is comfortable with people of different racial, ethnic, and cultural backgrounds and with her or his own cultural identity.
35. Resistance skills—Child can stay away from people who are likely to get her or him in trouble and are able to say no to doing wrong or dangerous things.
36. Peaceful conflict resolution—Child seeks to resolve conflict nonviolently.

POSITIVE IDENTITY

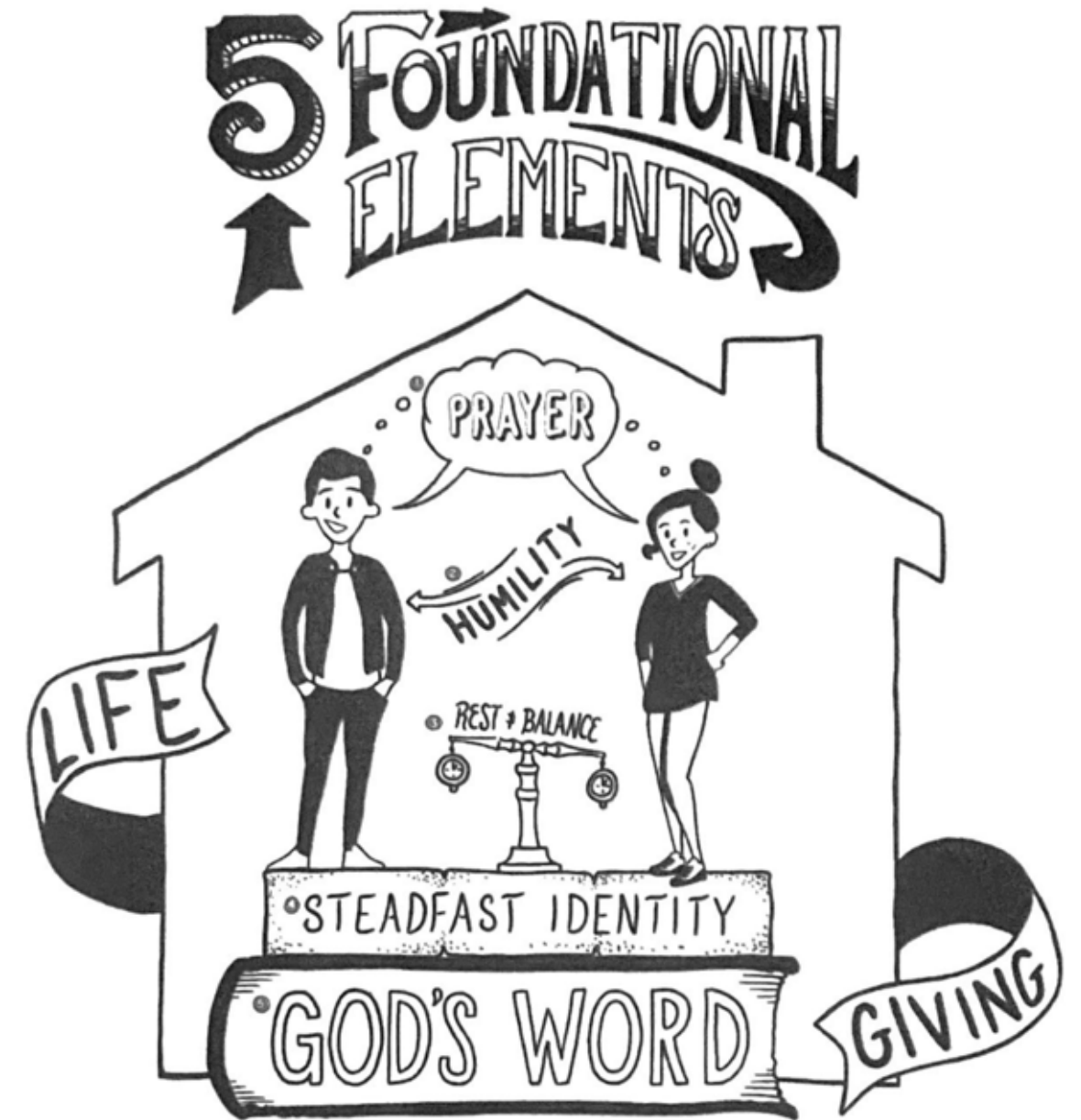
37. Personal power—Child feels he or she has some influence over things that happen in her or his life.
38. Self-esteem—Child likes and is proud to be the person that he or she is.
39. Sense of purpose—Child sometimes thinks about what life means and whether there is a purpose for her or his life.
40. Positive view of personal future—Child is optimistic about her or his personal future.



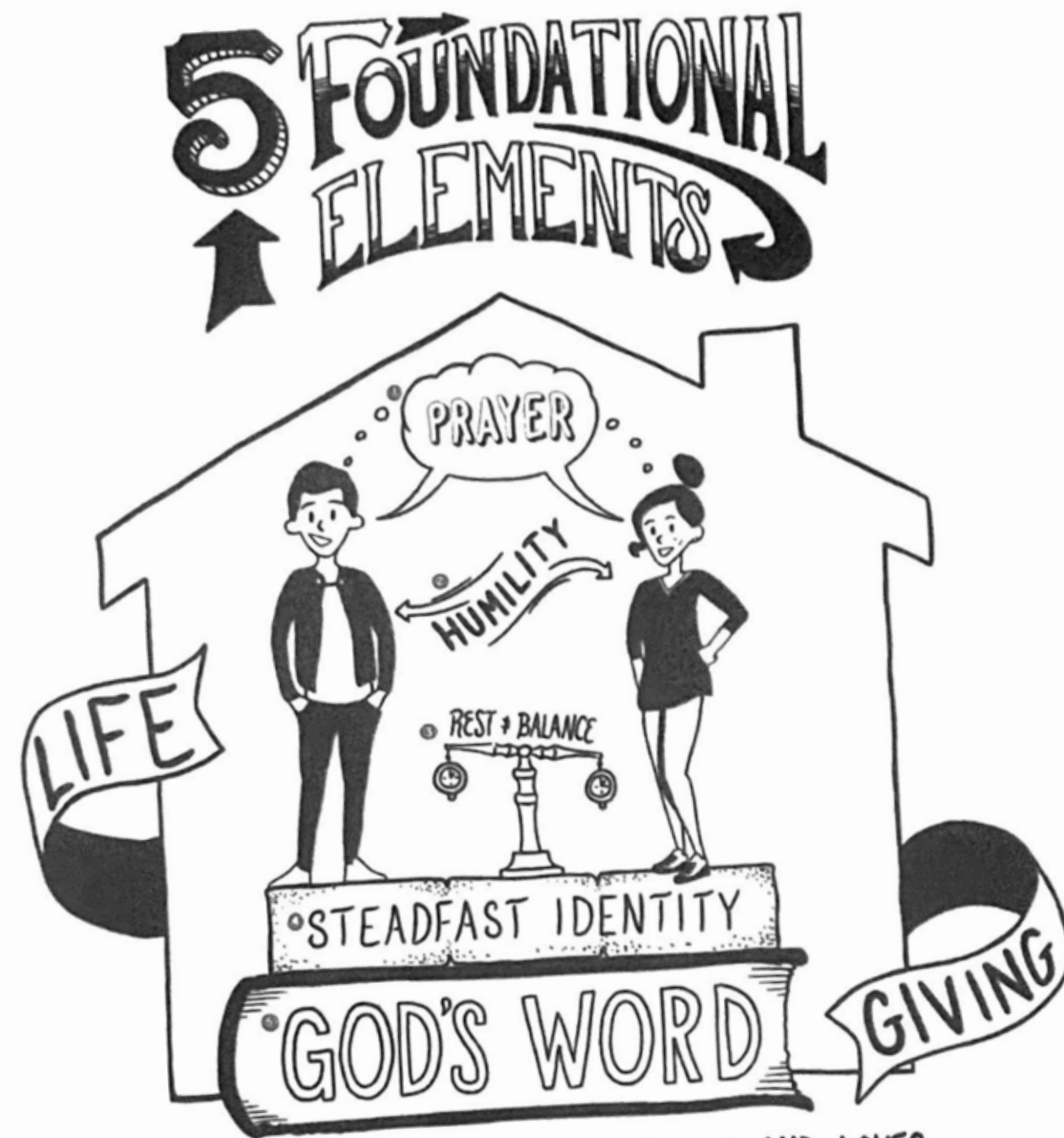
Christian Version



Raising Highly Capable Kids Curriculum



Building a spiritual foundation



CREATE A CULTURE THAT SEES, KNOWS AND LOVES

- ① PRAYER: Lines up our minds with God's will. Brings peace into chaos and unity of mind. IT'S an ONGOING, LIFE-GIVING CONVERSATION with our Heavenly Father.
- ② HUMILITY: Looking out for the interests of others. Genuine love that truly cares about others. Sees everyone's value as children of God and not one more important than the other. Impulse to SERVE rather than be served.
- ③ REST & BALANCE: Necessary for renewal, wisdom, listening, and soul development. Fuel to the mind, body, and soul to be effective in our relationships and our doing.
- ④ STEADFAST IDENTITY: As a child of God. A MASTERPIECE of God's design that is FEARFULLY & WONDERFULLY made. Created on purpose and with purpose in God's kingdom.
- ⑤ GOD'S WORD: Transforms the heart and mind. The sword of the Spirit and necessary for the soul. Provides TRUTH & GUIDANCE. An INVITATION to conversation, love, life, and long-lasting, life-giving transformation.

70% with little to no faith

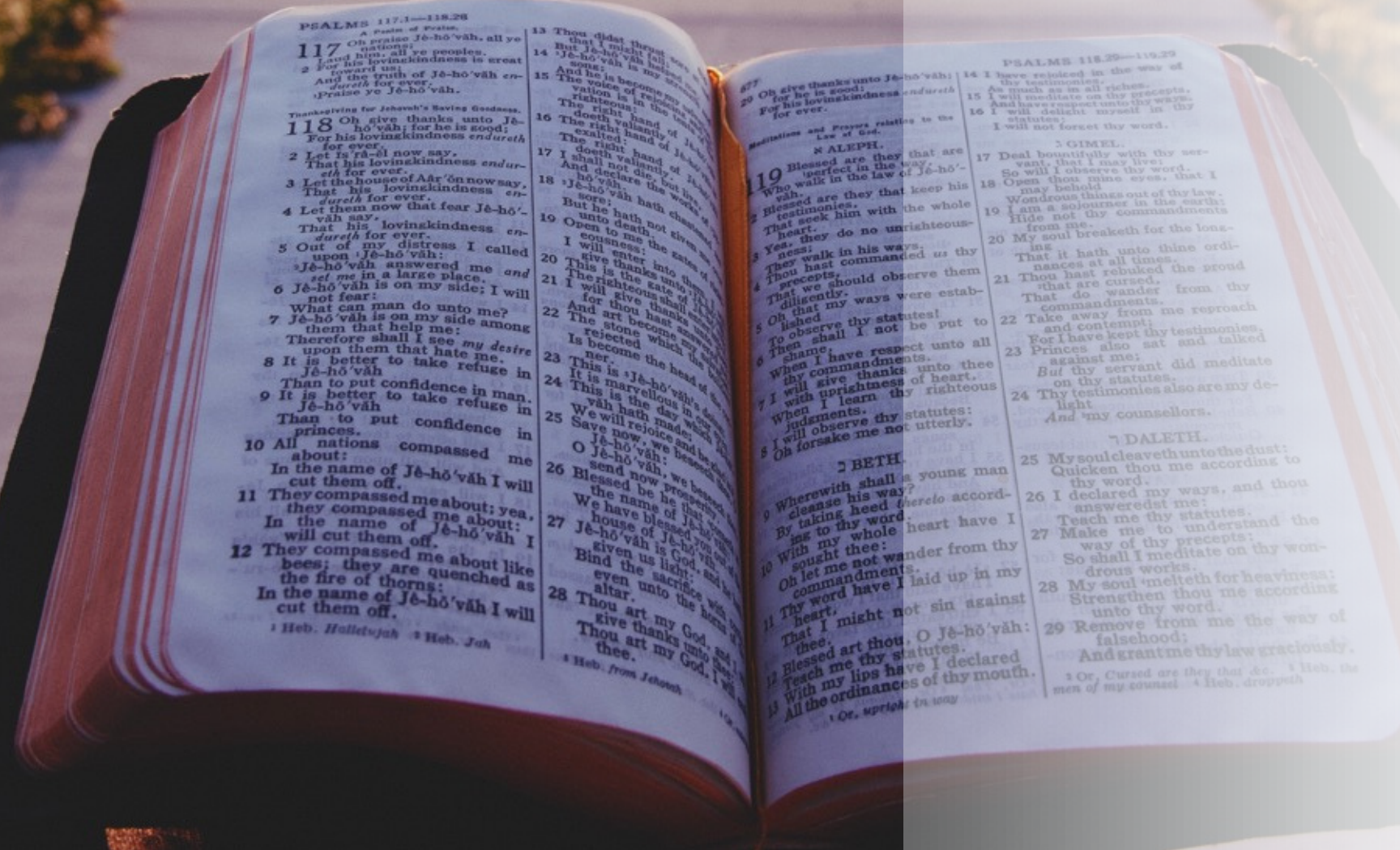
“Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who builds his house on the rock.” Matthew 7:24



God's Word

The word of God is a
lamp unto our feet and
a light unto our path.
Psalm 119:105

It is a sure foundation
that we can build our
lives upon.
2 Timothy 3:16



Steadfast identity

Ephesians 2:10 – “For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”





humility

**Humility is the
fear of the Lord.
*Proverbs 22:4***

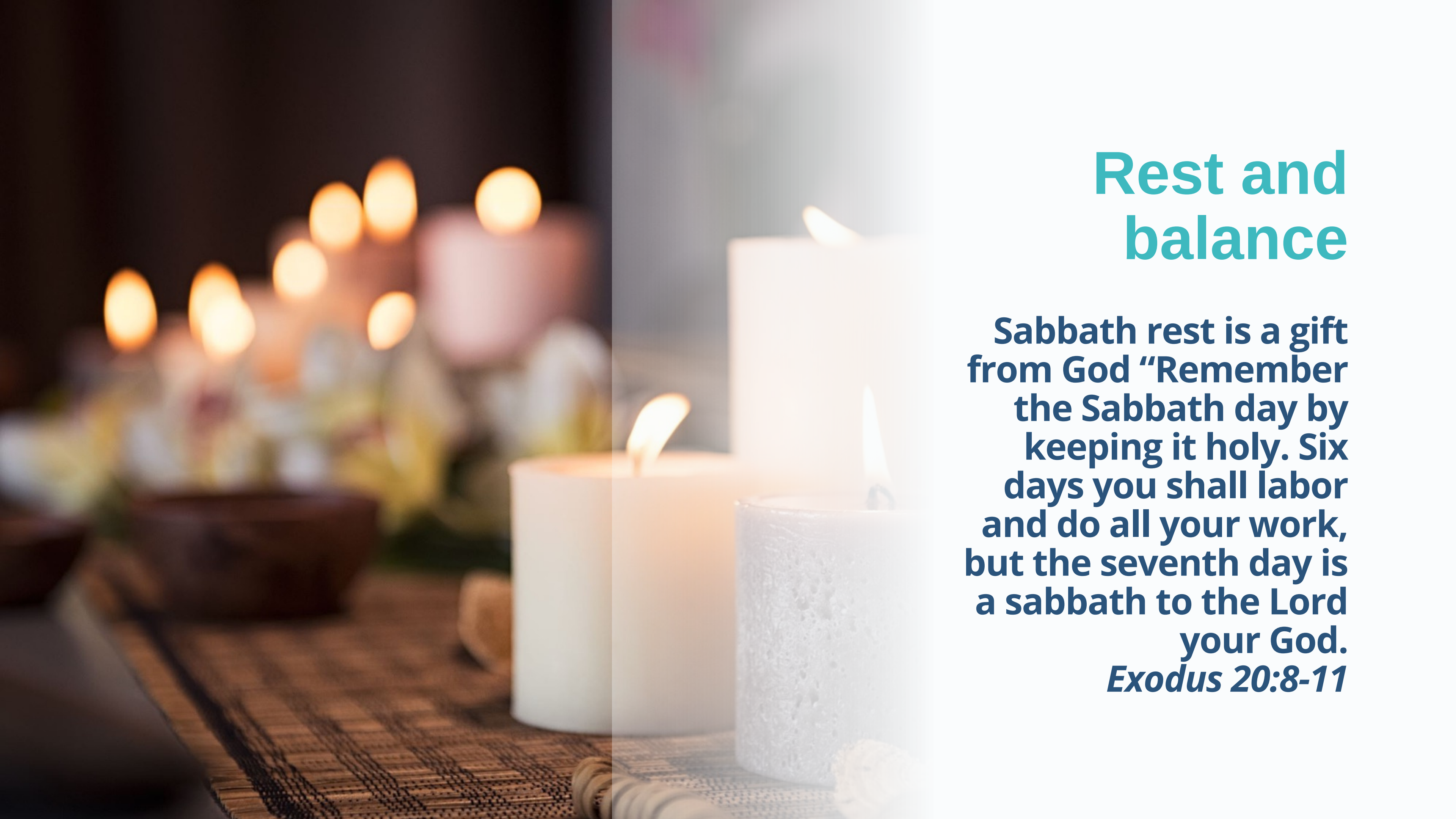
**With humility
comes wisdom.
*Proverbs 11:2***



Prayer

“Praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance...”
Ephesians 6:18





Rest and balance

**Sabbath rest is a gift
from God “Remember
the Sabbath day by
keeping it holy. Six
days you shall labor
and do all your work,
but the seventh day is
a sabbath to the Lord
your God.
*Exodus 20:8-11***



If my daughters spilled
a glass of milk...

PILOT PARAMETERS



Implement program

13 weeks

Provide feedback



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